



CAPABILITIES STATEMENT

ABOUT HEALTH & WHOLENESS SERVICES, LLC
Live in AWE - Abound Within Everyday!

ABOUT ABOUT

Abound Health & Wholeness Services, LLC delivers health & wellness consulting, coaching, and advocacy to federal, state, and local municipalities as well as corporations, organizations, and individuals. We bring tailored, evidence-based, client-centered integrated approaches to best serve our clients' needs presented through a virtual platform to reduce the workflow interruption and without having to add extensive technology programming.

Our ultimate goal is to deliver services to effectively enhance the quality of life of our clients in such a way that it improves interpersonal relationships, individual health, and creates an atmosphere for increased productivity across environments.

CORE COMPETENCIES

Program Design & Implementation
Program Management & Marketing
Workforce & Community Wellness
Professional Training
One-on-one & Group coaching

Strategy Evaluation & Consultation
Group Facilitation
Event Design & Management
Cultural Consideration Education

CERTIFICATIONS & CODES

Native Owned Small Business
Women-Owned Small Business (WOSB)
SBA Certified Small Disadvantaged Business (SBASDB)
Economically Disadvantaged Women-Owned Small Business (EDWOSB)
CAGE Code: 8JAV8
DUNS: 117449267
NAICS Codes: 812990, 611430, 624190

PAST PERFORMANCE

Youth & Adult Mental Health First Aid Training
8 Dimensions of Wellness Program Facilitation
Tribal & Urban Community Health Programming
Trauma Recovery & Health Coaching (Group & Individual)
Infant, Early Childhood Mental Health Consultation Program Strategic Implementation